

# Introductory and Advanced Workshops in Transactional Analysis

Introductory TA101: 11-12 Nov 2016 & Advanced TA202: 13-14 Nov 2016

Facilitated by Leading Trainer Elana Leigh from ACIS Australia



## Elana Leigh

B.Sc. Social Work (University of Cape Town).  
MSc. Integrative Psychotherapy (Middlesex  
London). Certified Transactional Analyst CTA  
and Training and Supervising Transactional  
Analyst TSTA (ITAA).

Elana has trained and supervised nationally and internationally across a range of cultures for the past 26 years. Her speciality is long-term training where the task is to take trainees through the rigorous journey of becoming an ethical professional. She currently works as a psychotherapist, supervisor and trainer in private practice in Sydney.

## Transactional Analysis (TA)

Founded by Eric Berne in the late 50s, Transactional Analysis (TA) is now a widely recognised psychological theory and methodology. It provides us with ways to understand personality development and relationship patterns.

It illuminates the three self states (parent, adult and child ego) and assists us in communicating more effectively. The theory and practice of TA can assist individuals in reaching their full potential and achieving a sense of well being.

TA integrates humanistic, psychoanalytic and behavioural approaches and can be applied in many professional areas. Although it is commonly recognised as a brief, solution-focused approach it is also effective in long-term treatment.

## Applications

TA can be applied across a diverse range of cultures and used in any field where there is a need to understand communication patterns in individuals, couples, families or groups. Professional fields include:

**CONSULTING**  
**COUNSELLING**  
**COACHING**  
**FAMILY THERAPY**  
**TEAM DEVELOPMENT**  
**TRAINING & DEVELOPMENT**  
**EMPLOYEE RELATIONS**  
**HUMAN RESOURCES**

## Enrolment

To enroll, please complete application form and return a cheque made payable to 'Pathways Limited' to:  
Pathways Limited, 4607-11, 46/F The Center,  
99 Queen's Road Central, Hong Kong.

A booking form can also be downloaded from the following websites: [www.pathwayslimited.com](http://www.pathwayslimited.com) and [www.psychcentral.com.hk](http://www.psychcentral.com.hk)

Further Info: +852 9474 7581 or +852 6082 3881.

## What you will learn

Both these courses provide a mix of didactic and experiential teaching. There will be opportunities to apply the theory to practice.

### Introductory Workshop TA 101: 11-12 Nov 2016

A comprehensive, practical two day course. You will develop a thorough theoretical understanding of TA and the skills specific to TA.

#### Areas covered:

- **Personality development:** Parent, adult and child ego states
- **Communication:** Conscious and unconscious communication
- **Life Scripts:** Life story development and are how they are played out
- **Games:** Unconsciously repetition of patterns in our relationships
- **The Drama Triangle:** Persecutor, Rescuer and Victim positions
- **Psychological Health:** Alternative options for responses
- **Autonomy:** The development of the capacity for awareness, intimacy & spontaneity

### Advanced Workshop TA 202: 13-14 Nov 2016

Completion of TA 101 is a prerequisite. TA 202 offers a more in-depth study of the 101 content and covers clinical thinking, skills and techniques. You will feel more confident to apply what you have learnt to your work settings.

#### Areas covered:

- Diagnosing presenting problems using the structural model of ego states
- How to think about interpersonal repetitive patterns using TA
- Working with the unconscious
- Treatment planning and delivery
- How TA can be used with diverse groups of people and settings
- Advanced skills practice

## What does each Workshop consist of?

- Course material
- Combined theory, experiential learning and supervisory feedback
- Morning and afternoon tea will be provided

## Who can register?

- TA 101 is suitable for beginners and those wishing to refresh their skills
- TA 202 workshop requires completion of TA 101

## Award on Completion

- Certificates of Attendance and 12 professional development hours will be awarded at the conclusion of each workshop, if all requirements are met
- TA101 is a globally recognised curriculum and entitles membership to the **International Transactional Analysis Association (ITAA)** and the **Association and European Body of Transactional Analysis Association (EATA)**

## Cost (HKD)

### Early Bird Rates – valid until 30<sup>th</sup> of September 2016

- TA101 or TA202: \$6,400.00 per workshop
- TA101 & TA202 : \$12,000.00 for both workshops

### Full Rate – from 1<sup>st</sup> of October 2016

- TA101 or TA202: \$6,900.00 per workshop
- TA101 & TA202 : \$13,000.00 for both workshops

### Group Rate – Three or more participants who register and pay together

- TA101 or TA202: \$6,200.00 per workshop
- TA101 & TA202 : \$11,500.00 both workshops

## Location

The Collab, 20/F OfficePlus@Sheung Wan,  
93-103 Wing Lok Street, Sheung Wan, Hong Kong. Sheung Wan MTR Exit 2

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# Application Form

**Introductory TA101:** 11-12 Nov 2016 & **Advanced TA202:** 13-14 Nov 2016

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## I would like to register and pay for the following:

- Introductory Workshop TA 101: 11th – 12th of November 2016**  
 **Advanced Workshop in TA 202: 13th – 14th of November 2016**

The program fee is **HKD\$6,900.00** per workshop or **HKD\$13,000.00** to attend both TA101 & TA202.

## I would like to apply for the following discount:

### Early Bird. For applications received prior to 30th of September 2016.

- TA101 or  TA202 (\$6,400.00)**  
 **Both TA101 & TA202 (\$12,000)**

### Group/Team – For 3 or more participants paying at the same time.

- TA101 or  TA202 (\$6,200.00)**  
 **Both TA101 & TA202 (\$11,500)**

## Your Details:

Surname:  First Name:

Name to appear on Certificate/s:

Address:

City:

Email:

Phone Numbers:

How did you hear about this program?

Current Employment:

Previous TA experience:

Food Preferences/Allergies:

Applications will be taken on a first-come, first served basis. This form MUST be accompanied with payment to reserve a place. Cheques should be made payable to "Pathways Limited". Your cheque will be returned immediately if there are no places available. Confirmation of place will be sent via email once payment is received.

Cancellations must be received in writing to [training@psychcentralhk.com](mailto:training@psychcentralhk.com). Refunds are given (less 10%) for cancellations received by 5 pm on 30th of September 2016. Due to limited places, we do not offer refunds beyond this date. By applying to this course the participant agrees to the above terms and fully release and discharge PsychCentral/Pathways Limited from any and all claims for injuries, damages or loss which may accrue as a result of this training. Early bird applications are only valid if payment is received by the deadline date. Bring a friend applications are only valid if payment is made at same time.

In the event of cancellation due to Typhoon, the training will be cancelled and PsychCentral/Pathways Limited will provide an alternative date for the course to be run within a 12-month period. A full refund will be issued if the course is not run within a 12-month period.

By signing this Agreement you are certifying that you have carefully read the above terms relating to release of liability and assume of risk. You have read the complete terms and conditions outlined in this document, including notification of cancellation penalties.

Sign Here: \_\_\_\_\_

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Payment

Please complete and return this application form with a cheque made payable to 'Pathways Limited' to:

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99 Queen's Road Central, Hong Kong.